

# Shrewsbury High School

Date: SEPTEMBER 1-4

<b>MONDAY</b>	<p>Opening Program For Teachers</p> <p>No School</p>
<b>TUESDAY</b>  Station:1-2 Station:3-4 Station:5-6-7 Station:8-9 Grab and Go	Chicken Patty Sandwich served w/Chips and Apples ( P/G/F ) Pasta Bar w/Marinara Sauce or Meat Sauce served w/Garlic Rolls (G/V/P) Assorted Deli Sandwiches served w/Potato Salad and Pickles (G/P) Made to Order Chicken Caesar Salad served w/ Garlic Knots (P/V/G) Chicken Caesar Salad Plate(P/G/V) / Assorted Sandwiches w/Fruit ( G/P/F)
<b>WEDNESDAY</b>  Station:1-2 Station:3-4 Station:5-6-7 Station:8-9 Grab and Go	*Papa Gino's Pizza served w/ Crinkle Cut Fries & Pears(G/P/F) "SHS" Mashed Potato Bowl (P/G/V) Made to Order Deli (P/G) Made to Order Chicken Caesar Salad served w/Wheat Rolls (G/P/V) Chicken Caesar Salad Plate (P/G/V)/ Assorted Sandwiches w/Fruit (G/P/F)
<b>THURSDAY</b>  Station:1-2 Station:3-4 Station:5-6-7 Station:8-9 Grab and Go	*Dominos Pizza served w/ Fries & Apples (P/V/F) Burger Bar w/ Lettuce ,Tomato, & Cheese served w/ Fries (G/P/V) Assorted Deli Sandwiches served w/ Chips and Pickles(G/P) Made to Order Chicken Caesar Salad served w/ Garlic Knots (P/V/G) Chicken Caesar Salad Plates (P/G/V)/ Assorted Sandwiches w/Fruit (G/P/F)
<b>FRIDAY</b>  Station:1-2 Station:3-4 Station:5-6-7 Station:8-9 Grab and Go	<p>Professional Development</p> <p>No School</p>
Reduced Lunch\$.40 Lunch \$3.75	<p><b>MEALS INCLUDE: Assorted Milks, FRUIT(F) and VEGETABLE(V)BAR, Assorted Fruits (F) Juices (F) and Vegetables(V),Grains(G) and Proteins(P)</b></p> <p><b>ALL LUNCHES MUST INCLUDE A FRUIT(F) OR VEGETABLE (V)</b></p> <p><b>Check our Soup Du Jour Selections</b></p>
USDA is an equal opportunity provider and employer.	<p>High School menu posted at <a href="http://www.shrewsbury-ma.gov/school">www.shrewsbury-ma.gov/school</a></p> <p>Email Comments and Suggestions to:  <a href="mailto:mricker@shrewsbury.k12.ma.us">mricker@shrewsbury.k12.ma.us</a></p> <p><u>Please call the Cafeteria Manager at your school if you have questions about food ingredients, allergens or gluten free choices</u></p>